

Comedogenic Scale By Hazel's Soapery

Ingredient Name	Comedogenic Rating	Why	Potential Uses
Hemp Seed Oil	0	Rich in linoleic acid; very thin and lightweight, making it easily absorbed and non-clogging.	Acne-prone, oily skin, light facial oil, dry oil finishing spray.
Argan Oil	0	High in Vitamin E and essential fatty acids; non-greasy and fast-absorbing.	All skin types, anti-aging serum, hair treatment, nail health.
Safflower Oil (High Linoleic)	0	Contains a very high percentage of linoleic acid; extremely light and good for oil-cleansing.	Oily, breakout-prone skin, facial cleanser, lightweight moisturizer.
Watermelon Seed Oil	0-1	Very light and gentle; high in linoleic acid; detoxifying.	Oily, sensitive skin, light eye-area treatment, purifying cleanser.
Sea Buckthorn Oil	1	Rich in carotenoids and Palmitoleic Acid (Omega-7); great for cell regeneration.	Mature, damaged, and dry skin, spot treatment for healing.
Rosehip Seed Oil	1	Rich in Vitamin A (retinoic acid); excellent for skin cell turnover.	Scarring, hyperpigmentation, anti-aging, evening skin tone.
Kokum Butter	1	Extremely hard, non-greasy butter; very high in Stearic Acid; does not clog pores easily.	Dry body areas, lip balm, foot cream, firming balm base.
Hazelnut Oil	1-2	High in astringent qualities (tannins); helps tighten and tone the skin.	Combination, slightly oily skin, quickly-absorbed body or massage oil.
Tamanu Oil (Foraha)	2	Contains unique fatty acids (Calophyllic Acid) for strong regenerative properties; anti-inflammatory.	Acne scarring, wound healing, blemishes, spot treatment.
Jojoba Oil	2	Chemically a liquid wax ester, closely mimicking human sebum.	All skin types (especially acne-prone), oil cleansing, makeup remover.
Sweet Almond Oil	2	A general-purpose, high-oleic oil; slightly heavier but well-tolerated by most.	Normal to dry skin, carrier for essential oils, body massage.

Kukui Nut Oil	2	Highly penetrating and soothing; traditionally used for burns and chapped skin.	Sensitive, sun-damaged, or irritated skin, after-sun balm.
Olive Oil (Virgin/EVOO)	2-3	Rich in Oleic Acid and antioxidants; highly moisturizing but heavy.	Very dry body skin, hair treatment, facial use discouraged for acne-prone skin.
Mango Butter	2-3	Lighter and less greasy than Shea or Cocoa; great for elasticity.	Normal to dry skin, light body butter, stretch mark prevention.
Avocado Oil	3	Heavy, highly penetrating oil rich in Vitamin E; usually thick and green.	Very dry, mature, or eczema-prone skin, undereye cream.
Marula Oil	3-4	High in antioxidants; highly stable, but rich texture can be too much for oily skin.	Dry, mature skin, deep winter moisturizer.
Sesame Oil	3	Rich in Omega-6 and Omega-9; used in Ayurvedic practice.	Body massage oil, hair oil, can be too heavy for the face.
Cocoa Butter	4	Solid and highly saturated; very heavy and occlusive, sitting on the skin's surface.	Extremely dry, cracked heels, stretch marks (avoid the face).
Coconut Oil (Virgin/Unrefined)	4	High in Lauric Acid (saturated fat); highly occlusive and solid at room temperature.	Body moisturizer, deep hair conditioner, widely considered a pore-clogger for facial use.
Wheat Germ Oil	5	Extremely thick and heavy; rich source of Vitamin E, but highly likely to clog pores.	Localized spot treatment for severe dryness, often used only as an additive.
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